

St. Joseph, Pray For Us!



Feast of Saint Joseph

The Feast of Saint Joseph is observed this year on March 20th. This is an annual celebration in honor of Saint Joseph. St. Joseph was the chaste husband of the Blessed Virgin Mary, the legal guardian of Jesus Christ and is venerated by the Catholic Church as a patron saint of workers.

The context of Saint Joseph as the legal father of Jesus is present in the Gospels of Saints Luke and Matthew, which trace him as a descendant of king David. The Catholic Church under Pope Pius IX declared Saint Joseph to be the patron and protector of the Catholic Church.

Every country that has a strong catholic presence celebrates this day during Lent. They observe a strict fast and abstinence on this day while caring for the poor and needy by providing them with food.

These iconic traditions originate from Italy, Malta, Spain, and Poland. Unlike other holidays whose traditions have changed over the years, Saint Joseph's days remain the same. This is because the holiday has traveled to countries with a strong catholic presence.

The traditional way of celebrating the feast has been to wear red clothing, give food to the needy, and observe fast on this day.

Since Joseph was a father to Jesus on earth, his life is considered an example of what a father figure should look and be. Hence some cultures celebrate Father's Day by honoring Saint Joseph and fathers together.

Remember, O most chaste spouse of the Virgin Mary, that never has it been known that anyone who asked for your help and sought your intercession was left unaided. Full of confidence in your power, I hasten to you, and beg your protection. Listen, O foster-father of the Redeemer, to my humble prayer, and in your goodness hear and answer me. Amen.